

HAC- Henlopen Conference Swim Meet - 2/10/2024**Results****Event 1 Boys 200 Yard Medley Relay DE ST Cut 2:02.09**

HAC 22-23: 1:41.82 # 2013

CAPE

Team	Relay	Seed Time	Finals Time	Points
1 Cape Henlopen High School 1) Toback, Shane JR	A 2) Tighe, Holden JR	1:42.38 3) Fleming, Brian SR	1:40.51 # 4) Lewandowski, Kevin SR	40
2 Sussex Academy HS Swim 1) Whitaker, Michael FR	A 2) Laux, Jackson JR	1:46.20 3) Trout, Brayden SR	1:44.44 4) Wright, Christian SO	34
3 Lake Forest High School 1) Chagaris, Jay SR	A 2) Parham, Kyle JR	1:48.32 3) Surguy, Kyle JR	1:44.57 4) Taborda, Gabe SR	32
4 Sussex Technical High School 1) Warren, Tommy	A 2) Woodard, Coleman	1:54.34 3) Ruscavage, Aidan	1:49.95 4) Johnson, JJ	30
5 Caesar Rodney High School 1) Kayabas, Mert SR	A 2) Robles, Edson SR	1:58.16 3) Johnson, Gavin FR	1:52.47 4) Ward, Peyton SO	28
6 Polytech High School 1) Burke, Kellan	A 2) Szell, Alex	1:58.59 3) Madden, Jacob	1:57.48 4) Cooper, Ethan	26
7 Indian River 1) Edwards, Tommy FR	A 2) Lucenti, Andres SO	2:08.34 3) Donnelly, Cade SR	2:01.21 4) Powell, Keiron SR	24
8 Sussex Central 1) Layfield, Garth SO	A 2) Juliano, Nate FR	2:01.49 3) Mariner, Chet SR	2:01.23 4) Lara Quesada, Fernando SO	22
9 Dover High School Swim Team-U: 1) Christman, Julian SO	A 2) Mailom, Francis JR	2:02.27 3) Chance, Donald SR	2:07.92 4) Holden, Owen FR	18

Event 2 Girls 200 Yard Medley Relay DE ST Cut 2:33.89

HAC 22-23: 1:52.22 # 2017

CAPE

Team	Relay	Seed Time	Finals Time	Points
1 Sussex Academy HS Swim 1) Evans, Victoria SO	A 2) Maughan, Gracie SR	1:54.60 3) Mumford, Anna FR	1:52.26 4) McKay, Addison JR	40
2 Caesar Rodney High School 1) Udoff, Julia SO	A 2) Garnsey, Reagan JR	2:06.58 3) Miller, McKelden SR	1:59.35 4) Prystash, Serena SO	34
3 Polytech High School 1) Ashburn, Brook	A 2) Diantonio, Elise	2:04.90 3) Ashburn, Sophie	2:01.05 4) Marlow, Natalia	32
4 Sussex Technical High School 1) Thornton, Brynn	A 2) Dinga, Neh	2:07.93 3) Stockley, McKinley	2:03.06 4) Tyndall, Zoe	30
5 Indian River 1) Smyth, Heather SR	A 2) Hanley, Lilah SR	2:12.75 3) Moore, Elyse SR	2:08.92 4) Jerns, Addison SR	28
6 Cape Henlopen High School 1) Reist, Emma SR	A 2) Hazzard, Hayden FR	2:14.57 3) Lester-Stranick, Sarah SO	2:09.14 4) Hassell, Hailey JR	26
7 Sussex Central 1) Allen, Lily JR	A 2) Meyer, Amelia SR	2:18.27 3) Meyer, Claire FR	2:14.40 4) Justice, Olivia SO	24
8 Milford 1) O'Brien, Eryn SR	A 2) Williams, Katie SO	2:18.38 3) Mackert, Carley SR	2:18.35 4) Stahl, Madi SO	22
9 Lake Forest High School 1) Massey, Emma SR	A 2) Hammond, Kylie JR	2:24.21 3) Moyer, Kyra SR	2:22.56 4) Moore, Peyton SR	18
10 Seaford HS-MA 1) Jaimez-Valezquez, Neriza SO	A 2) Chambers, Jenna 8	2:28.60 3) Anderson, Aleks SO	2:27.91 4) Blaine, Sadie JR	14
11 Dover High School Swim Team-U: 1) Kempista, Mackenzie SR	A 2) Rus, Sofia FR	2:36.64 3) Brewer, Reagan SO	2:36.90 4) Madden, Cheyenne JR	12

Event 3 Boys 200 Yard Freestyle De ST Cut 2:05.29

HAC 22-23: 1:44.94 # 2022

RYAN WOODZELL-CR

Name	Yr School	Seed Time	Finals Time	Points
1 Fleming, Brian	SR Cape Henlopen High School	1:52.49	1:49.78	20
2 Woodard, Coleman	Sussex Technical High School	1:54.24	1:50.21	17
3 Huxtable, Cole	FR Cape Henlopen High School	1:57.90	1:55.64	16
4 Bain, John	8t Sussex Academy HS Swim	1:58.90	1:55.95	15

HAC- Henlopen Conference Swim Meet - 2/10/2024**Results****(Event 3 Boys 200 Yard Freestyle De ST Cut 2:05.29)**

Name	Yr	School	Seed Time	Finals Time	Points
5 Oliver, Elijah	FR	Cape Henlopen High School	2:03.08	2:00.41	14
6 Warren, Tommy		Sussex Technical High School	2:03.99	2:00.91	13
7 Harrell, Gavin	JR	Indian River	2:04.84	2:01.70	12
8 Clark, Caiden	FR	Indian River	2:08.38	2:03.67	11
9 Szell, Alex		Polytech High School	2:06.18	2:05.92	9
10 Surguy, Kyle	JR	Lake Forest High School	2:10.50	2:06.98	7
11 Hoffman, Jens	SO	Caesar Rodney High School	2:14.59	2:11.02	6
12 Kucek, Avery	SR	Lake Forest High School	2:15.68	2:17.84	5
13 Dufresne, Caleb	FR	Caesar Rodney High School	2:19.28	2:19.31	4
14 Schrader, Owen	SO	Sussex Academy HS Swim	2:32.86	2:22.80	3
15 Benner, Harrison	FR	Indian River	2:36.23	2:29.71	2
16 Rogers, Kagan		Sussex Technical High School	2:52.25	2:40.87	1
17 Chambers, Colby	8	Seaford HS-MA	2:47.84	2:41.91	
--- Juliano, Nate	FR	Sussex Central	2:21.72	DFS	
Declared false start					
--- Beers, Micah	SR	Caesar Rodney High School	2:10.98	DFS	
Declared false start					

Event 4 Girls 200 Yard Freestyle DE ST Cut 2:15.49

HAC 22-23: 1:57.21 # 2003			ERIN COURTNEY-CR		
Name	Yr	School	Seed Time	Finals Time	Points
1 Mumford, Anna	FR	Sussex Academy HS Swim	1:57.90	1:54.34 #	20
2 Touw, Isla	FR	Cape Henlopen High School	2:09.55	2:06.03	17
3 Prystash, Serena	SO	Caesar Rodney High School	2:12.06	2:07.04	16
4 Gomez, Itzel	SR	Sussex Academy HS Swim	2:13.38	2:10.50	15
5 Crandell, Brynn	SR	Indian River	2:12.81	2:11.05	14
6 O'Brien, Eryn	SR	Milford	2:14.48	2:11.24	13
7 Anderson, Aleks	SO	Seaford HS-MA	2:13.22	2:11.25	12
8 Stockley, McKinley		Sussex Technical High School	2:12.00	2:13.57	11
9 Perchiniak, Caitlin	FR	Sussex Academy HS Swim	2:15.29	2:14.62	9
10 Meyer, Claire	FR	Sussex Central	2:20.15	2:17.10	7
11 Hassell, Hailey	JR	Cape Henlopen High School	2:19.20	2:17.35	6
12 Ashburn, Brook		Polytech High School	2:28.19	2:21.42	5
13 Moran, Julia	SR	Indian River	2:31.22	2:29.59	4
14 Brosius, Krista	JR	Caesar Rodney High School	2:33.10	2:30.40	3
15 Behornar, Kassidy	SO	Indian River	2:34.31	2:30.66	2
16 Sullivan, Leah	SO	Cape Henlopen High School	2:31.18	2:30.88	1
17 Garrett, Meile		Sussex Technical High School	2:37.00	2:34.31	
18 Johnson, Cayleigh	SO	Lake Forest High School	2:34.91	2:38.84	
19 Hardee, Paige	SR	Caesar Rodney High School	2:39.02	2:40.55	
20 Mazingo, Emilie		Sussex Technical High School	2:46.00	2:40.82	
21 Sweet, Giulia	SR	Lake Forest High School	2:42.38	2:44.34	

Event 5 Boys 200 Yard IM DE ST Cut 2:20.59

HAC 22-23: 1:58.99 # 2015			JACK WEEKS- CAPE		
Name	Yr	School	Seed Time	Finals Time	Points
1 Madden, Jacob		Polytech High School	2:03.30	2:01.16	20
2 Tighe, Holden	JR	Cape Henlopen High School	2:02.96	2:02.01	17
3 Trout, Brayden	SR	Sussex Academy HS Swim	2:11.01	2:07.57	16
4 Toback, Shane	JR	Cape Henlopen High School	2:12.92	2:07.79	15
5 Perchiniak, Matthew	JR	Sussex Academy HS Swim	2:14.47	2:11.15	14
6 Figueroa, Angel	SO	Sussex Academy HS Swim	2:19.80	2:14.40	13

HAC- Henlopen Conference Swim Meet - 2/10/2024**Results****(Event 5 Boys 200 Yard IM DE ST Cut 2:20.59)**

	Name	Yr	School	Seed Time	Finals Time	Points
7	Kayabas, Mert	SR	Caesar Rodney High School	2:20.16	2:14.72	12
8	Robertson, Luke	SR	Cape Henlopen High School	2:18.62	2:18.81	11
9	Robles, Edson	SR	Caesar Rodney High School	2:23.12	2:19.71	9
10	Arauz, Landon	SO	Indian River	2:34.80	2:28.12	7
11	Bynum, Philip	FR	Caesar Rodney High School	2:44.28	2:34.97	6
12	Burke, Kellan		Polytech High School	2:35.09	2:36.86	5
13	Lucenti, Andres	SO	Indian River	2:37.96	2:38.26	4
14	Powell, Keiron	SR	Indian River	2:46.91	2:45.17	3

Event 6 Girls 200 Yard IM DE St Cut 2:32.09

	Name	Yr	School	Seed Time	Finals Time	Points
1	Evans, Victoria	SO	Sussex Academy HS Swim	2:24.40	2:22.13	20
2	Chambers, Jenna	8	Seaford HS-MA	2:24.84	2:23.01	17
3	Reinhold, Jenna	JR	Cape Henlopen High School	2:27.77	2:23.08	16
4	Thornton, Brynn		Sussex Technical High School	2:33.10	2:28.01	15
5	Meyer, Amelia	SR	Sussex Central	2:31.21	2:28.35	14
6	Dinga, Neh		Sussex Technical High School	2:32.90	2:29.16	13
7	Hazzard, Hayden	FR	Cape Henlopen High School	2:35.89	2:32.00	12
8	Diantonio, Elise		Polytech High School	2:34.46	2:32.20	11
9	Lester-Stranick, Sarah	SO	Cape Henlopen High School	2:46.45	2:40.47	9
10	Moore, Maddie	FR	Indian River	2:43.23	2:41.73	7
11	Moran, Natalie	SO	Indian River	2:54.27	2:47.46	6
12	Bradley, Lillie	8t	Sussex Academy HS Swim	2:38.54	2:48.04	5
13	Massey, Emma	SR	Lake Forest High School	2:52.67	2:54.69	4
14	Hardy, Abby	SR	Caesar Rodney High School	2:55.26	2:55.51	3
15	Langrouidi, Kimi	SO	Sussex Academy HS Swim	NT	2:56.19	2
16	Burke, Francis	SO	Caesar Rodney High School	2:59.00	2:57.20	1
17	Hammond, Kylie	JR	Lake Forest High School	2:59.75	3:01.39	
18	Lewis, Alexandra	SO	Indian River	3:08.17	3:07.41	

Event 7 Boys 50 Yard Freestyle DE ST Cut 25.39

HAC 22-23: 21.36 # 2015		AARON GREEN-CR				
	Name	Yr	School	Seed Time	Finals Time	Points
1	Wright, Christian	SO	Sussex Academy HS Swim	22.60	22.27	20
2	Lewandowski, Kevin	SR	Cape Henlopen High School	22.77	22.53	17
3	Laux, Jackson	JR	Sussex Academy HS Swim	23.81	23.04	16
4	Arnold, Xander	SR	Indian River	23.05	23.05	15
5	Dawson, Logan	JR	Indian River	24.38	23.13	14
6	Mariner, Chet	SR	Sussex Central	23.26	23.30	13
7	Taborda, Gabe	SR	Lake Forest High School	23.64	23.64	12
*8	Schell, Brady	FR	Cape Henlopen High School	23.78	23.90	10
*8	Ruscavage, Aidan		Sussex Technical High School	24.02	23.90	10
10	Jack, Ellis	SR	Cape Henlopen High School	23.46	23.94	7
11	Chagaris, Jay	SR	Lake Forest High School	24.09	24.14	6
12	Christman, Julian	SO	Dover High School Swim Team-US	24.53	24.57	5
13	Drenthe, Brandon		Polytech High School	25.93	25.14	4
14	Ledford, Nolan	SR	Lake Forest High School	25.03	25.25	3
15	Vezmar, Kai	8	Milford	26.96	25.40	2
16	Johnson, Gavin	FR	Caesar Rodney High School	27.41	25.42	1
17	Moore, Thomas	FR	Caesar Rodney High School	25.50	25.47	
18	Massotti, Levi	SO	Milford	25.16	25.70	
19	Cooper, Ethan		Polytech High School	24.74	25.83	

HAC- Henlopen Conference Swim Meet - 2/10/2024**Results****(Event 7 Boys 50 Yard Freestyle DE ST Cut 25.39)**

	Name	Yr	School	Seed Time	Finals Time	Points
20	Garrett, John		Polytech High School	26.10	25.94	
21	Holden, Owen	FR	Dover High School Swim Team-US	26.56	26.56	
22	Donnelly, Cade	SR	Indian River	26.03	26.58	
23	Iacono, Jayce	SO	Caesar Rodney High School	26.80	26.93	
24	Johnson, JJ		Sussex Technical High School	26.37	26.98	
25	Schrader, Owen	SO	Sussex Academy HS Swim	27.16	27.09	
26	Kricker, Cole		Sussex Technical High School	28.92	27.87	
27	Edwards, Tommy	FR	Dover High School Swim Team-US	28.49	28.89	
28	Lara Quesada, Fernando	SO	Sussex Central	30.81	29.25	

Event 8 Girls 50 Yard Freestyle DE St Cut 28.49

HAC 22-23: 24.43 # 2014		BRIANNA HALL- TECH				
	Name	Yr	School	Seed Time	Finals Time	Points
1	Sullivan, Anna	SR	Cape Henlopen High School	26.06	25.69	20
2	Caldwell, Sidney	SO	Cape Henlopen High School	27.41	26.28	17
3	Garnsey, Reagan	JR	Caesar Rodney High School	26.50	26.44	16
4	Marlow, Natalia		Polytech High School	25.56	26.53	15
5	Arndt, Leah		Polytech High School	26.99	26.89	14
6	McKay, Addison	JR	Sussex Academy HS Swim	27.61	26.90	13
7	Brewer, Reagan	SO	Dover High School Swim Team-US	28.43	27.17	12
8	Tyndall, Zoe		Sussex Technical High School	27.20	27.53	11
9	Hernandez, Leila	SO	Indian River	27.97	27.69	9
10	Ruscavage, Ava		Sussex Technical High School	29.60	27.78	7
11	Moore, Peyton	SR	Lake Forest High School	29.30	27.87	6
12	Baker, Lyla	JR	Sussex Academy HS Swim	27.91	27.88	5
13	Petty, Samantha	FR	Sussex Academy HS Swim	28.62	28.39	4
14	Jerns, Addison	SR	Indian River	30.36	28.47	3
15	Williams, Katie	SO	Milford	29.73	28.59	2
16	Justice, Olivia	SO	Sussex Central	29.08	28.64	1
17	Leone, Autumn	SR	Caesar Rodney High School	28.88	28.98	
18	Mackert, Carley	SR	Milford	28.36	29.01	
19	Smyth, Heather	SR	Indian River	29.30	29.09	
20	Brown, Gianna	JR	Cape Henlopen High School	30.59	29.10	
21	Todd, Madi		Polytech High School	29.01	29.44	
22	Massey, Emma	SR	Lake Forest High School	28.86	30.18	
23	Kastanis, Elise	JR	Caesar Rodney High School	30.78	30.21	
24	Twilley, Gwenn		Sussex Technical High School	32.73	30.67	
25	Allen, Lily	JR	Sussex Central	32.35	31.26	
26	Sweet, Abigail	SO	Lake Forest High School	32.06	32.06	
27	Jaimez-Valezquez, Neriza	SO	Seaford HS-MA	36.36	36.87	
28	Blaine, Sadie	JR	Seaford HS-MA	34.97	37.40	
29	Berna, Eva	SO	Sussex Central	39.91	39.35	
30	Lopez-Galarza, Cecilia	JR	Seaford HS-MA	44.55	43.26	

Event 9 Boys 100 Yard Butterfly DE ST Cut 1:03.19

HAC 22-23: 50.71 # 2023		BREYDON WRIGHT- SC				
	Name	Yr	School	Seed Time	Finals Time	Points
1	Trout, Brayden	SR	Sussex Academy HS Swim	56.05	55.07	20
2	Fleming, Brian	SR	Cape Henlopen High School	57.35	55.16	17
3	Roberts, Oakley	SR	Cape Henlopen High School	1:01.00	57.37	16
4	Schell, Brady	FR	Cape Henlopen High School	1:00.36	58.44	15
5	Figueroa, Angel	SO	Sussex Academy HS Swim	59.58	58.56	14

HAC- Henlopen Conference Swim Meet - 2/10/2024**Results****(Event 9 Boys 100 Yard Butterfly DE ST Cut 1:03.19)**

Name	Yr	School	Seed Time	Finals Time	Points
6 Harrell, Gavin	JR	Indian River	1:02.91	58.65	13
7 Whitaker, Michael	FR	Sussex Academy HS Swim	1:00.04	58.78	12
8 Taborda, Gabe	SR	Lake Forest High School	1:02.89	1:01.09	11
9 Surguy, Kyle	JR	Lake Forest High School	1:01.48	1:02.19	9
10 Arauz, Landon	SO	Indian River	1:08.07	1:03.85	7
11 Johnson, Gavin	FR	Caesar Rodney High School	1:07.21	1:05.33	6
12 Drenthe, Brandon		Polytech High School	1:08.22	1:07.94	5
13 Beers, Micah	SR	Caesar Rodney High School	1:10.13	1:08.81	4
14 Riggi, Nicholas	SR	Lake Forest High School	1:08.70	1:09.63	3
15 York, Nathan	SO	Caesar Rodney High School	1:26.06	1:23.31	2

Event 10 Girls 100 Yard Butterfly DE ST Cut 1:10.29

HAC 22-23: 1:00.23 # 2003

KRISTINA MACLEISH-CR

Name	Yr	School	Seed Time	Finals Time	Points
1 Maughan, Gracie	SR	Sussex Academy HS Swim	1:02.31	57.63 #	20
2 Hockman, Macyn	FR	Indian River	1:02.55	1:00.59	17
3 Reinhold, Jenna	JR	Cape Henlopen High School	1:06.48	1:02.06	16
4 Miller, McKelden	SR	Caesar Rodney High School	1:10.22	1:06.58	15
5 Prystash, Serena	SO	Caesar Rodney High School	1:09.12	1:08.22	14
6 Stockley, McKinley		Sussex Technical High School	1:09.34	1:11.75	13
7 Moore, Elyse	SR	Indian River	1:15.80	1:12.81	12
8 Meyer, Claire	FR	Sussex Central	1:15.04	1:13.56	11
9 Ashburn, Sophie		Polytech High School	1:15.09	1:13.68	9
10 Figueroa, Camila	FR	Sussex Academy HS Swim	1:20.11	1:14.75	7
11 Hake, Addison		Polytech High School	1:17.94	1:16.39	6
12 Daniel, Molly	FR	Cape Henlopen High School	1:25.68	1:18.77	5
13 Hanley, Lilah	SR	Indian River	1:19.38	1:19.06	4
14 Bradley, Lillie	8t	Sussex Academy HS Swim	1:19.46	1:19.31	3
15 Ruscavage, Ava		Sussex Technical High School	1:20.00	1:24.53	2
16 Harvey, McKenna	FR	Caesar Rodney High School	1:25.45	1:26.27	1
--- Droge, Kayla	SR	Cape Henlopen High School	1:21.78	DQ	
False start					

Event 11 Boys 100 Yard Freestyle DE ST Cut 55.79

HAC 22-23: 46.88 # 2014

AARON GREEN-CR

Name	Yr	School	Seed Time	Finals Time	Points
1 Wright, Christian	SO	Sussex Academy HS Swim	50.02	49.29	20
2 Lewandowski, Kevin	SR	Cape Henlopen High School	51.33	49.54	17
3 Arnold, Xander	SR	Indian River	50.70	49.85	16
4 Parham, Kyle	JR	Lake Forest High School	52.66	51.20	15
5 Dawson, Logan	JR	Indian River	55.05	52.50	14
6 Jack, Ellis	SR	Cape Henlopen High School	53.02	53.05	13
7 Roberts, Oakley	SR	Cape Henlopen High School	54.93	54.47	12
8 Ruscavage, Aidan		Sussex Technical High School	55.77	54.50	11
9 Clark, Caiden	FR	Indian River	56.06	55.34	9
10 Fuchs, Dylan	JR	Caesar Rodney High School	57.98	55.69	7
11 Massotti, Levi	SO	Milford	56.83	56.00	6
12 Szell, Alex		Polytech High School	55.42	56.45	5
13 Ledford, Nolan	SR	Lake Forest High School	59.08	57.23	4
14 Ward, Peyton	SO	Caesar Rodney High School	57.95	57.37	3
15 Probert, Kieran	SO	Sussex Academy HS Swim	1:00.17	57.71	2
16 Moore, Thomas	FR	Caesar Rodney High School	1:00.03	59.68	1

HAC- Henlopen Conference Swim Meet - 2/10/2024**Results****(Event 11 Boys 100 Yard Freestyle DE ST Cut 55.79)**

Name	Yr	School	Seed Time	Finals Time	Points
17 Garrett, John		Polytech High School	59.55	1:00.16	
18 Hammel, Luke	JR	Lake Forest High School	59.81	1:00.21	
19 Layfield, Garth	SO	Sussex Central	59.36	1:01.03	
20 Wiley, Gabe		Polytech High School	59.29	1:01.06	
21 Johnson, JJ		Sussex Technical High School	1:00.63	1:01.56	
22 Mailom, Francis	JR	Dover High School Swim Team-US	1:01.59	1:03.31	
23 Kricker, Cole		Sussex Technical High School	1:05.13	1:04.01	
24 Lara Quesada, Fernando	SO	Sussex Central	1:17.92	1:11.71	
25 Cole, Sam	JR	Seaford HS-MA	1:23.04	1:16.97	

Event 12 Girls 100 Yard Freestyle DE ST Cut 1:02.29

HAC 22-23: 54.60 # 2022

MADELYNN MCTEER-SC

Name	Yr	School	Seed Time	Finals Time	Points
1 Sullivan, Anna	SR	Cape Henlopen High School	58.38	57.15	20
2 Touw, Isla	FR	Cape Henlopen High School	58.81	57.92	17
3 Marlow, Natalia		Polytech High School	59.86	59.07	16
4 Arndt, Leah		Polytech High School	1:02.83	1:01.37	15
5 Brewer, Reagan	SO	Dover High School Swim Team-US	1:03.03	1:02.00	14
6 Reist, Emma	SR	Cape Henlopen High School	1:04.51	1:02.04	13
7 Hernandez, Leila	SO	Indian River	1:02.55	1:02.13	12
8 Justice, Olivia	SO	Sussex Central	1:04.65	1:03.08	11
9 Moore, Maddie	FR	Indian River	1:04.40	1:03.24	9
10 Jerns, Addison	SR	Indian River	1:07.81	1:03.71	7
11 Petty, Samantha	FR	Sussex Academy HS Swim	1:07.20	1:04.28	6
12 Baker, Lyla	JR	Sussex Academy HS Swim	1:04.25	1:04.86	5
13 Leone, Autumn	SR	Caesar Rodney High School	1:07.13	1:05.69	4
14 Pfeiffer, Kacie	SR	Caesar Rodney High School	1:08.28	1:07.60	3
15 Mazingo, Emilie		Sussex Technical High School	1:12.00	1:08.95	2
16 Cidoncha Ruiz, Ruth	SO	Sussex Academy HS Swim	1:11.03	1:08.96	1
17 Allen, Lily	JR	Sussex Central	1:13.66	1:10.29	
18 Twilley, Gwenn		Sussex Technical High School	1:12.70	1:10.67	
19 Udoff, Julia	SO	Caesar Rodney High School	1:11.50	1:12.60	
20 Sweet, Giulia	SR	Lake Forest High School	1:15.04	1:13.30	
21 Hammond, Kylie	JR	Lake Forest High School	1:12.68	1:13.39	
22 Blaine, Sadie	JR	Seaford HS-MA	1:24.60	1:22.28	
23 Tan, Yi-Han	SO	Lake Forest High School	1:26.62	1:25.09	
24 Berna, Eva	SO	Sussex Central	1:26.12	1:27.29	
25 Lopez-Galarza, Cecilia	JR	Seaford HS-MA	1:42.43	1:38.81	
--- Todd, Madi		Polytech High School	1:08.24	DQ	
Declared false start					
--- Tyndall, Zoe		Sussex Technical High School	1:02.49	DFS	
Declared false start					

Event 13 Boys 500 Yard Freestyle DE ST Cut 5:44.19

HAC 22-23: 4:45.60 # 2022

RYAN WOODZELL-CR

Name	Yr	School	Seed Time	Finals Time	Points
1 Madden, Jacob		Polytech High School	5:07.14	4:59.53	20
2 Woodard, Coleman		Sussex Technical High School	5:14.53	5:08.65	17
3 Huxtable, Cole	FR	Cape Henlopen High School	5:19.97	5:13.97	16
4 Perchiniak, Matthew	JR	Sussex Academy HS Swim	5:31.12	5:14.24	15
5 Bain, John	8t	Sussex Academy HS Swim	5:18.50	5:20.21	14
6 Oliver, Elijah	FR	Cape Henlopen High School	5:44.23	5:29.49	13

HAC- Henlopen Conference Swim Meet - 2/10/2024**Results****(Event 13 Boys 500 Yard Freestyle DE ST Cut 5:44.19)**

Name	Yr	School	Seed Time	Finals Time	Points
7 Kuklish, Reece	FR	Cape Henlopen High School	5:52.52	5:59.30	12
8 Hoffman, Jens	SO	Caesar Rodney High School	6:17.10	6:10.03	11
9 Vezmar, Kai	8	Milford	6:20.01	6:19.01	9
10 Outten, Tyler	FR	Caesar Rodney High School	6:33.22	6:21.56	7
11 Dufresne, Caleb	FR	Caesar Rodney High School	6:40.80	6:23.22	6
12 Kucek, Avery	SR	Lake Forest High School	6:21.40	6:32.37	5
13 Bradley, Carter	SR	Sussex Academy HS Swim	6:45.03	6:35.22	4
14 Benner, Harrison	FR	Indian River	6:57.87	6:45.52	3

Event 14 Girls 500 Yard Freestyle DE ST Cut 6:01.69

HAC 22-23: 5:13.56 # 2021

DANIELLE STEWART-CR

Name	Yr	School	Seed Time	Finals Time	Points
1 Mumford, Anna	FR	Sussex Academy HS Swim	5:11.76	5:01.76 #	20
2 Maughan, Gretchen	8t	Sussex Academy HS Swim	5:49.54	5:39.95	17
3 Crandell, Brynn	SR	Indian River	5:53.87	5:45.82	16
4 Anderson, Aleks	SO	Seaford HS-MA	5:56.81	5:48.34	15
5 O'Brien, Eryn	SR	Milford	6:05.54	5:55.81	14
6 Perchiniak, Caitlin	FR	Sussex Academy HS Swim	6:14.89	6:03.22	13
7 Hassell, Hailey	JR	Cape Henlopen High School	6:05.28	6:06.94	12
8 Lester-Stranick, Sarah	SO	Cape Henlopen High School	6:40.77	6:28.73	11
9 Miller, McKelden	SR	Caesar Rodney High School	6:29.81	6:30.54	9
10 Behornar, Kassidy	SO	Indian River	7:00.62	6:42.00	7
11 Moran, Julia	SR	Indian River	6:51.26	6:45.75	6
12 Wood, Chloe	SR	Cape Henlopen High School	6:34.19	6:46.20	5
13 Moore, Peyton	SR	Lake Forest High School	6:55.01	6:54.58	4
14 Brosius, Krista	JR	Caesar Rodney High School	6:57.02	6:57.64	3
15 Weller, Erica	SO	Caesar Rodney High School	7:07.12	7:01.51	2
16 Garrett, Meile		Sussex Technical High School	6:56.40	7:04.07	1

Event 15 Boys 200 Yard Freestyle Relay DE ST Cut 1:47.19

HAC 22-23: 1:30.64 # 2018

CR

Team	Relay	Seed Time	Finals Time	Points
1 Indian River	A	1:35.79	1:33.05	40
1) Arnold, Xander SR	2) Clark, Caiden FR	3) Harrell, Gavin JR	4) Dawson, Logan JR	
2 Cape Henlopen High School	A	1:31.44	1:33.38	34
1) Schell, Brady FR	2) Green, Kolbe SO	3) Jack, Ellis SR	4) Green, Kyle SO	
3 Lake Forest High School	A	1:36.73	1:33.57	32
1) Taborda, Gabe SR	2) Surguy, Kyle JR	3) Chagaris, Jay SR	4) Parham, Kyle JR	
4 Sussex Academy HS Swim	A	1:37.60	1:36.05	30
1) Figueroa, Angel SO	2) Whitaker, Michael FR	3) Bain, John 8t	4) Laux, Jackson JR	
5 Sussex Technical High School	A	1:51.61	1:39.18	28
1) Johnson, JJ	2) Ruscavage, Aidan	3) Warren, Tommy	4) Woodard, Coleman	
6 Polytech High School	A	1:39.90	1:40.23	26
1) Madden, Jacob	2) Szell, Alex	3) Drenthe, Brandon	4) Cooper, Ethan	
7 Caesar Rodney High School	A	1:48.18	1:43.00	24
1) Fuchs, Dylan JR	2) Moore, Thomas FR	3) Iacono, Jayce SO	4) Ward, Peyton SO	
8 Dover High School Swim Team-U:	A	1:46.64	1:48.39	22
1) Edwards, Tommy FR	2) Mailom, Francis JR	3) Chance, Donald SR	4) Holden, Owen FR	

HAC- Henlopen Conference Swim Meet - 2/10/2024**Results****Event 16 Girls 200 Yard Freestyle Relay DE ST Cut 2:00.59**

HAC 22-23: 1:43.22 # 2016

CAPE

Team	Relay	Seed Time	Finals Time	Points
1 Cape Henlopen High School 1) Caldwell, Sidney SO	A 2) Reinhold, Jenna JR	1:47.51 3) Sullivan, Anna SR	1:43.65 4) Touw, Isla FR	40
2 Polytech High School 1) Diantonio, Elise	A 2) Hake, Addison	1:48.72 3) Arndt, Leah	1:47.37 4) Marlow, Natalia	34
3 Sussex Academy HS Swim 1) Gomez, Itzel SR	A 2) Baker, Lyla JR	1:47.30 3) McKay, Addison JR	1:47.70 4) Maughan, Gretchen 8t	32
4 Caesar Rodney High School 1) Garnsey, Reagan JR	A 2) Prystash, Serena SO	1:54.49 3) Miller, McKelden SR	1:50.15 4) Leone, Autumn SR	30
5 Indian River 1) Hockman, Macyn FR	A 2) Hernandez, Leila SO	1:54.01 3) Moore, Maddie FR	1:50.24 4) Crandell, Brynn SR	28
6 Sussex Central 1) Meyer, Amelia SR	A 2) Meyer, Claire FR	2:00.33 3) Allen, Lily JR	1:57.20 4) Justice, Olivia SO	26
7 Sussex Technical High School 1) Ruscavage, Ava	A 2) Mozingo, Emilie	2:07.57 3) Twilley, Gwenn	1:59.11 4) Garrett, Meile	24
8 Lake Forest High School 1) Moore, Peyton SR	A 2) Hammond, Kylie JR	2:02.87 3) Sweet, Giulia SR	2:05.40 4) Massey, Emma SR	22
9 Seaford HS-MA 1) Anderson, Aleks SO	A 2) Blaine, Sadie JR	2:18.54 3) Jaimez-Valezquez, Neriza SO	2:09.66 4) Chambers, Jenna 8	18
10 Dover High School Swim Team-U 1) Kempista, Mackenzie SR	A 2) Aikens, Montana SO	2:11.34 3) Brewer, Reagan SO	2:12.45 4) Madden, Cheyenne JR	14

Event 17 Boys 100 Yard Backstroke DE ST Cut 1:04.99

HAC 22-23: 52.81 # 2020

EATHAN HERRING-CR

Name	Yr School	Seed Time	Finals Time	Points
1 Toback, Shane	JR Cape Henlopen High School	58.37	56.71	20
2 Kayabas, Mert	SR Caesar Rodney High School	59.28	57.54	17
3 Mariner, Chet	SR Sussex Central	58.95	58.39	16
4 Neal, Trenton	SO Cape Henlopen High School	59.75	59.86	15
5 Warren, Tommy	Sussex Technical High School	1:03.34	1:01.47	14
6 Morgan, Ryan	SO Cape Henlopen High School	1:04.19	1:01.50	13
7 Whitaker, Michael	FR Sussex Academy HS Swim	1:01.98	1:01.62	12
8 Fuchs, Dylan	JR Caesar Rodney High School	1:07.47	1:05.63	11
9 Layfield, Garth	SO Sussex Central	1:08.88	1:08.78	9
10 Probert, Kieran	SO Sussex Academy HS Swim	1:11.85	1:09.24	7
11 Lucenti, Andres	SO Indian River	1:12.59	1:10.77	6
12 Hammel, Luke	JR Lake Forest High School	1:11.28	1:11.37	5
13 Burke, Kellan	Polytech High School	1:10.46	1:11.42	4
14 Outten, Tyler	FR Caesar Rodney High School	1:12.12	1:12.71	3
--- Burke, Gavin	Sussex Technical High School	1:15.00	DFS	

Declared false start

Event 18 Girls 100 Yard Backstroke DE ST Cut 1:10.49

HAC 22-23: 58.92 # 2003

ERIN COURTNEY-CR

Name	Yr School	Seed Time	Finals Time	Points
1 Hockman, Macyn	FR Indian River	1:03.92	1:01.26	20
2 Evans, Victoria	SO Sussex Academy HS Swim	1:03.39	1:01.50	17
3 Gomez, Itzel	SR Sussex Academy HS Swim	1:09.39	1:05.81	16
4 Thornton, Brynn	Sussex Technical High School	1:10.42	1:06.64	15
5 Ashburn, Brook	Polytech High School	1:09.20	1:08.64	14
6 Caldwell, Sidney	SO Cape Henlopen High School	1:08.92	1:08.68	13
7 Meyer, Amelia	SR Sussex Central	1:10.53	1:09.30	12

HAC- Henlopen Conference Swim Meet - 2/10/2024**Results****(Event 18 Girls 100 Yard Backstroke DE ST Cut 1:10.49)**

Name	Yr	School	Seed Time	Finals Time	Points
8 Reist, Emma	SR	Cape Henlopen High School	1:13.58	1:10.52	11
9 Smyth, Heather	SR	Indian River	1:11.88	1:11.69	9
10 Figueroa, Camila	FR	Sussex Academy HS Swim	1:18.13	1:12.48	7
11 Moran, Natalie	SO	Indian River	1:16.88	1:13.21	6
12 Udoff, Julia	SO	Caesar Rodney High School	1:13.65	1:13.35	5
13 Hardy, Abby	SR	Caesar Rodney High School	1:35.30	1:19.38	4
14 Daniel, Molly	FR	Cape Henlopen High School	1:19.58	1:20.14	3
15 DiAntonio, Grace	FR	Caesar Rodney High School	1:22.55	1:20.17	2
16 Sweet, Abigail	SO	Lake Forest High School	1:24.96	1:26.20	1
17 Reichert, Violet		Sussex Technical High School	1:35.50	1:29.57	
18 Jenkins, Amya	FR	Lake Forest High School	1:32.75	1:29.76	
19 Huston, Abby		Sussex Technical High School	1:39.31	1:40.07	
20 Jaimez-Valezquez, Neriza	SO	Seaford HS-MA	1:36.89	1:48.45	

Event 19 Boys 100 Yard Breaststroke DE ST Cut 1:10.19

HAC 22-23: 1:01.47 # 2013

BLAINE DAISEY-TECH

Name	Yr	School	Seed Time	Finals Time	Points
1 Parham, Kyle	JR	Lake Forest High School	1:02.32	1:01.00 #	20
2 Tighe, Holden	JR	Cape Henlopen High School	1:03.93	1:02.96	17
3 Laux, Jackson	JR	Sussex Academy HS Swim	1:06.97	1:04.43	16
4 Chagaris, Jay	SR	Lake Forest High School	1:07.45	1:06.35	15
5 Morrissey, Kieran	JR	Cape Henlopen High School	1:12.22	1:09.76	14
6 Robertson, Luke	SR	Cape Henlopen High School	1:10.63	1:10.75	13
7 Robles, Edson	SR	Caesar Rodney High School	1:12.90	1:12.09	12
8 Mailom, Francis	JR	Dover High School Swim Team-US	1:12.54	1:13.90	11
9 Wiley, Gabe		Polytech High School	1:18.58	1:16.25	9
10 Bynum, Philip	FR	Caesar Rodney High School	1:21.09	1:16.53	7
11 Beebe, Sam	SR	Indian River	1:23.27	1:21.80	6
12 Iacono, Jayce	SO	Caesar Rodney High School	1:20.03	1:21.90	5
13 Proctor, Jackson	8t	Sussex Academy HS Swim	1:22.71	1:22.41	4
14 Powell, Keiron	SR	Indian River	1:21.76	1:23.33	3
15 Miller, David	FR	Indian River	1:33.83	1:28.74	2
16 Chambers, Colby	8	Seaford HS-MA	1:37.04	1:33.71	1
17 Cole, Sam	JR	Seaford HS-MA	1:37.25	1:36.13	
--- Juliano, Nate	FR	Sussex Central	1:19.87	DQ	

Declared false start

Event 20 Girls 100 Yard Breaststroke DE ST Cut 1:20.69

HAC 22-23: 1:04.83 # 2023

GRACIE MAUGHAN-SAAS

Name	Yr	School	Seed Time	Finals Time	Points
1 Maughan, Gracie	SR	Sussex Academy HS Swim	1:06.80	1:04.33 #	20
2 Garnsey, Reagan	JR	Caesar Rodney High School	1:12.34	1:12.04	17
3 Chambers, Jenna	8	Seaford HS-MA	1:13.23	1:13.08	16
4 McKay, Addison	JR	Sussex Academy HS Swim	1:17.51	1:13.49	15
5 Maughan, Gretchen	8t	Sussex Academy HS Swim	1:13.42	1:13.58	14
6 Diantonio, Elise		Polytech High School	1:14.84	1:13.88	13
7 Dinga, Neh		Sussex Technical High School	1:18.39	1:17.10	12
8 Mackert, Carley	SR	Milford	1:18.82	1:19.42	11
9 Hardee, Paige	SR	Caesar Rodney High School	1:20.78	1:20.69	9
10 Hazzard, Hayden	FR	Cape Henlopen High School	1:24.17	1:22.20	7
11 Moore, Elyse	SR	Indian River	1:26.91	1:24.00	6
12 Hanley, Lilah	SR	Indian River	1:25.93	1:25.11	5

HAC- Henlopen Conference Swim Meet - 2/10/2024**Results****(Event 20 Girls 100 Yard Breaststroke DE ST Cut 1:20.69)**

Name	Yr	School	Seed Time	Finals Time	Points
13 Droge, Kayla	SR	Cape Henlopen High School	1:29.01	1:25.97	4
14 Griffith, Jewelian	SO	Indian River	1:26.19	1:26.60	3
15 Glass, Myra		Polytech High School	1:24.77	1:26.79	2
16 Burke, Francis	SO	Caesar Rodney High School	1:25.41	1:27.00	1
17 Wood, Chloe	SR	Cape Henlopen High School	1:26.94	1:31.10	
18 Moyer, Kyra	SR	Lake Forest High School	1:32.05	1:31.83	
19 Handy, Carolyn		Sussex Technical High School	1:41.37	1:35.73	
20 Cosgrove, Emma		Sussex Technical High School	1:41.25	1:36.59	

Event 21 Boys 400 Yard Freestyle Relay DE ST Cut 4:09.39

HAC 22-23: 3:20.73 # 2018

CR

Team	Relay	Seed Time	Finals Time	Points
1 Cape Henlopen High School	A	3:29.09	3:18.63 #	40
1) Fleming, Brian SR	2) Toback, Shane JR	3) Tighe, Holden JR	4) Lewandowski, Kevin SR	
2 Sussex Academy HS Swim	A	3:32.20	3:27.80	34
1) Wright, Christian SO	2) Trout, Brayden SR	3) Perchiniak, Matthew JR	4) Bain, John 8t	
3 Indian River	A	3:42.01	3:30.93	32
1) Arnold, Xander SR	2) Clark, Caiden FR	3) Dawson, Logan JR	4) Harrell, Gavin JR	
4 Caesar Rodney High School	A	3:58.08	3:49.28	30
1) Kayabas, Mert SR	2) Iacono, Jayce SO	3) Fuchs, Dylan JR	4) Ward, Peyton SO	
5 Lake Forest High School	A	4:04.76	4:00.40	28
1) Hammel, Luke JR	2) Kucek, Avery SR	3) Riggi, Nicholas SR	4) Ledford, Nolan SR	
6 Sussex Technical High School	A	4:35.00	4:32.00	26
1) Alonso Figueroa, Diego	2) Kricker, Cole	3) Rogers, Kagan	4) O'Neill, Drake	
7 Dover High School Swim Team-U:	A	5:07.06	5:11.77	24
1) Hayward, Xavier JR	2) Perkins, Ryan SO	3) Devine, Patrick FR	4) Lorntzen, R.J. FR	

Event 22 Girls 400 Yard Freestyle Relay DE ST Cut 4:44.99

HAC 22-23: 3:40.76 # 2017

CAPE

Team	Relay	Seed Time	Finals Time	Points
1 Sussex Academy HS Swim	A	3:52.80	3:45.11	40
1) Mumford, Anna FR	2) Evans, Victoria SO	3) Gomez, Itzel SR	4) Maughan, Gracie SR	
2 Cape Henlopen High School	A	3:56.87	3:47.16	34
1) Caldwell, Sidney SO	2) Reinhold, Jenna JR	3) Sullivan, Anna SR	4) Touw, Isla FR	
3 Indian River	A	4:15.39	4:01.41	32
1) Hockman, Macyn FR	2) Hernandez, Leila SO	3) Moore, Maddie FR	4) Crandell, Brynn SR	
4 Sussex Technical High School	A	4:24.42	4:07.69	30
1) Tyndall, Zoe	2) Thornton, Brynn	3) Dinga, Neh	4) Stockley, McKinley	
5 Polytech High School	A	4:22.70	4:11.12	28
1) Arndt, Leah	2) Hake, Addison	3) Ashburn, Brook	4) Ashburn, Sophie	
6 Caesar Rodney High School	A	4:19.55	4:29.10	26
1) Leone, Autumn SR	2) Pfeiffer, Kacie SR	3) Hardy, Abby SR	4) Udoff, Julia SO	
7 Milford	A	4:43.78	4:42.93	24
1) O'Brien, Eryn SR	2) Stahl, Madi SO	3) Evans, Olivia FR	4) Mackert, Carley SR	
8 Lake Forest High School	A	5:01.78	4:58.62	22
1) Sweet, Giulia SR	2) Jenkins, Amya FR	3) Johnson, Cayleigh SO	4) Sweet, Abigail SO	
9 Dover High School Swim Team-U:	A	5:11.01	5:22.86	18
1) Kempista, Mackenzie SR	2) Rus, Sofia FR	3) Madden, Cheyenne JR	4) Aikens, Montana SO	