



## Head of the Class

February 26, 2023

**"When you give joy to other people, you get more joy in return. You should give a good thought to happiness that you can give out." — Eleanor Roosevelt**

### **Message from our Head of School**

Dear Sussex Academy Community,

It is hard to believe that we are already approaching March, the third trimester, and start of spring sports! These next few months will be very busy and there will be a lot of information regarding upcoming events, so please be sure to keep on top of our weekly communication.

### **Feather Our Nest**

The Feather Our Nest Campaign is an annual campaign that is held to raise funds for schoolwide wish list items. Please consider supporting our school by sending a check to:

Sussex Academy

ATTN: Sadé Truiett, Director of Communications

21150 Airport Road

Georgetown, DE 19947

Donations can be made to purchase a specific item or applied to the purchase of a specific item.

Please contact Sadé Truiett for more information or questions.

[Sade.truiett@saas.k12.de.us](mailto:Sade.truiett@saas.k12.de.us)

### **Elementary Campus**

<b><u>Campus</u></b>	<b><u>Wish List Item(s) (Description)</u></b>	<b><u>Price</u></b>
Elementary Campus	Sensory Path	\$3,000.00
Elementary Campus	John Deer Gator Utility Vehicle	\$16,000
Elementary Campus	Seesaw (4 seats)	\$2,000
Elementary Campus	18 copies of The Writing Revolution:	\$411.00
Elementary Campus	Spot Vision Screener (Welch Allyn)	\$8,000.00

Elementary Campus	Kindergarten STEM Activity	\$19.00
Elementary Campus	Kindergarten Stem Activity	\$18.00
Elementary Campus	Kindergarten Stem Activity	\$20.00
Elementary Campus	Welch Allyn Pocket scope Otoscope and Throat Illuminator in Soft Case	\$245
Elementary Campus	Welch Allyn Otoscope with Ophthalmoscope	\$1,300.00
Elementary Campus	BrainPOP Espanola	\$180.00
Elementary Campus	Rockalingua	\$300.00
Elementary Campus	BrainPOP Spanish and ELL	\$400.00
Elementary Campus	The Farm stand by Lettuce Grow hydroponic growing stand for indoor classrooms.	\$844

**Secondary Campus**

Secondary Campus	Interactive French Language Games, Posters, and Lessons	\$240.00
Secondary Campus	G.I.R.L talk club: 20 journals 2 packs of gel pens in assorted colors Affirmation cards Cozy socks (20) Arts and Craft kit Mirrors Vision Board Party items 20 VISA gift cards in any amount	<ul style="list-style-type: none"> <li>● Journals: \$40.00</li> <li>● Gels Pens: \$20.00</li> <li>● Affirmation Cards: \$50.00</li> <li>● Cozy Socks: \$40.00</li> <li>● Arts and Craft Kit: \$25.00</li> <li>● Mirrors: \$20.00</li> <li>● Vision Board Party Items: \$150.00</li> <li>● VISA Gift cards \$20.00x10: \$200.00</li> </ul>
Secondary Campus	Rechargeable batteries	\$50.00
Secondary Campus	Expo Markers (3 packs)	\$150.00
Secondary Campus	1. Poster Printer  2. Title wave by Follett classroom library one-year subscription (72 books)	Printer: \$3,000.00 Subscription: \$1,810.00

Secondary Campus	Earthquake Shake Table ( <a href="https://www.pitsco.com/EZ-Shake-Table">https://www.pitsco.com/EZ-Shake-Table</a> )	\$250.00
Secondary Campus	Audiometer for the Secondary Campus Nurse's Office	\$1,800.00
Secondary Campus	Air Purifier	\$250.00
Secondary Campus	Welch Allyn Otoscope with Ophthalmoscope	\$1,300.00
All campuses	Snow Blower	\$3,000

Finally, as a reminder I will be holding my weekly zoom coffee chat at 10am on Tuesday, February 28, 2023. You can join the conversation by following this link:

<https://us02web.zoom.us/j/81594189461?pwd=QnlQWTdldVJvdFhTZW5ka1pgeHhzQT09>

Sincerely,

Eric M. Anderson  
Head of School

**Updates from the Elementary Campus**

**If you signed up** - Tennis with Mr. Marty starts on Monday, February 27.

### **Elementary Spirit Days**

March 1 - Crazy Hair Day - \$1.00

March 16- wear green or something for St. Patrick's Day (free)

March 17 - No school for students

Don't forget to order breakfasts and lunches by Wednesday PM of each week!

<http://www.orderhotlunch.com/DE/Georgetown/SussexAcademy/>

For all things elementary visit:

<https://sites.google.com/sussexacademy.org/sussex-academy-elementary/home>

## **Updates from the Secondary Campus**

### **Interact Club Tutoring Center:**

The interact club will be offering tutoring for middle school students and are looking to collecting more information on tutoring needs. Please take the time to fill out this [survey](#)

### **STUDENT SERVICES**

#### **ACT INTEREST**

Student Services is considering the opportunity to have 10th and 11th graders students take a practice ACT in April (On a Saturday). Like the SAT, the ACT is a college entrance exam that tests

students' knowledge of English, math, reading, and scientific reasoning. By measuring readiness for college courses in these fundamental areas, the ACT provides a common data point that admissions officers can use to compare applicants.

Read more about the ACT- [ACT vs. SAT: How to Decide Which Test to Take](#)

Please complete the following [Google Form](#) that asks whether or not your student is interested in taking a free practice ACT in April.

### **AP Exam Info**

AP Exam Registration is underway for all AP Courses that began in Trimester 2 (exam registration for fall courses took place in October) AP Exam Registration form and fee must be returned to Mrs. Owens no later than Wednesday, March 1, 2023. All registration materials can be found here:

[https://docs.google.com/document/d/1N1C7M2acBsMT89\\_xZ0kM8rB7xgDs98o5nCdHeGqkOuU/edit?usp=sharing](https://docs.google.com/document/d/1N1C7M2acBsMT89_xZ0kM8rB7xgDs98o5nCdHeGqkOuU/edit?usp=sharing)

### **COLLEGE ESSAY PRESENTATION FOR JUNIORS**

Sussex Academy will be hosting a College Essay presentation on **Monday, March 27** starting at 9:55am in our Cafetorium for Juniors. We will have an abbreviated AM schedule and extending advisory to accommodate. Below are the biographies on our presenters.

**Stephanie Shea** helps high school students get into college. For over 22 years, Stephanie has been passionate about working with kids to find the *right* college for them. She has a background in writing and editing, and absolutely loves coaching students on their college essays. Stephanie strives to make her work with students transformational, not just transactional. She believes the college admissions process is an opportunity for students to learn and grow. Stephanie has an undergraduate degree from the University of Virginia and a master's degree from Harvard University, where she specialized in modern American fiction. She is a member of the NACAC (National Association for College Admission Counseling). In her free time, you can find Stephanie in the yoga studio, on the soccer field, or surfing on her longboard.

She loves dogs, dope tunes, fun fashion, and Rise Up coffee. Stephanie can be reached at [sshea@agm-collegeadvisors.com](mailto:sshea@agm-collegeadvisors.com).

**Randy McKnight** has devoted his entire adult life to helping high school students. As an English teacher for over 40 years at the highly ranked H-B Woodlawn Program in Arlington, Virginia, he masterfully instructed students on the mechanics of writing, with special attention given to crafting the college essay. For 30 of those years, he also guided students and their families through the college-application process. Randy is one of those teachers who changed thousands of kids' lives and is respected and beloved by his former students across the world. Upon retiring from classroom teaching, Randy founded *AGM College Advisors*<sup>®</sup>, where he focused on finding the right fit for his student clients. Randy received a BA from Davidson College and has a master's degree in Psychology with a focus on special learners from Catholic University. He is a member of the NACAC (National Association for College Admission Counseling) and PCACAC (Potomac and Chesapeake Association for College Admission Counseling). As a true Southerner, Randy can tell a story like no one else. He enjoys riding his bike along the coastline in Cape Charles, VA and spending time with his wife, children, and grandchildren. Randy can be reached at [rmcknight@agm-collegeadvisors.com](mailto:rmcknight@agm-collegeadvisors.com).

### **Class of 2024**

On Monday, June 12-14, 2023, Lifetouch Studios will be in the building to photograph you for your Senior Pictures/Formal and Cap & Gown. Information will be forthcoming as we get closer to the dates. Please note them on your calendar.

### **HS/MS Demographics**

On Friday, March 3rd, Lifetouch will be in the building to take Spring Pictures. Flyers and Order Forms have been distributed to the advisory and homeroom teachers for this event.

## **Updates from our Athletic Department**

### **Highlights:**

Find all information athletics at: <https://www.sussexacademysports.com/>

Follow us on Twitter @SASeahawks



SA Apparel: Spring stores are up and will be closed and processed on March 1st.

<https://sussexboyslax23.itemorder.com/>

<https://sussexvolleyball23.itemorder.com/>

<https://sussextrack23.itemorder.com/>

<https://sussextennis23.itemorder.com/>

<https://sussexgolf23.itemorder.com/>

<https://sussexsoccer23.itemorder.com/>

<https://sussexsoftball23.itemorder.com/>

<https://sussexbaseball23.itemorder.com/>

<https://sussexgirlslax23.itemorder.com/>

**Information:**

[DIAA 2022-2023 PPE Form](#)

**SPRING ATHLETES....PLEASE TURN IN PHYSICALS ASAP**

All student athletes need to have an approved DIAA physical form on file dated after 4/1/22. All Athletes should have already submitted their form but if not please do so ASAP.

**Students who have not turned in the proper physical form will NOT be permitted to tryout.**

Sussex Academy Soccer will be hosting 2 week's worth of camps this summer. Week of June 19<sup>th</sup> and Week of July 10<sup>th</sup>. Camps are for anyone entering Grades 1-7 and will run 9am - 2pm. If interested, please contact RJ Dina at [r.j.dina@saas.k12.de.us](mailto:r.j.dina@saas.k12.de.us)

**Upcoming:**

Wrestling:

3/3 and 3/4 at Cape Henlopen - DIAA Individual Championships

**Spring Sports:**

Tryouts for Grades 8-12 will begin on February 27<sup>th</sup> - High School Tryouts

Tryouts for Middle School will begin March 6<sup>th</sup>

**You will not be able to tryout without a physical on file**

Please reach out to the following Head Coaches with questions:

Baseball - Doug Nowell

[dougnowell11@gmail.com](mailto:dougnowell11@gmail.com)

Golf - Doug Grove

[doug.grove@saas.k12.de.us](mailto:doug.grove@saas.k12.de.us)

Boys Lacrosse - Andrew Fox

[andrew.fox@saas.k12.de.us](mailto:andrew.fox@saas.k12.de.us)

Girls Lacrosse - Taylor Gibbs

[taylor.gibbs@saas.k12.de.us](mailto:taylor.gibbs@saas.k12.de.us)

Girls Soccer - RJ Dina

[r.j.dina@saas.k12.de.us](mailto:r.j.dina@saas.k12.de.us)

Boys Tennis - Pat Breen

breenpat@yahoo.com

Girls Tennis - Rich Lichtenwalner

richard.lichtenwalner@saas.k12.de.us

Track and Field - Jay Diaz

jaymdia@gmail.com

Boys Volleyball - Vince Failla

vfailla33@yahoo.com

### **Winter Highlights:**

#### **Wrestling**

Doug Horton qualifies for States by finishing 3<sup>rd</sup> at the Independent Conference Championships in the 157lbs weight class. This young team is poised to join the Henlopen Conference next year and make waves. With no 11<sup>th</sup> or 12<sup>th</sup> graders and First year Head Coach Cory Lawson (former 2x state champ) at the helm this team is a future contender at the state level. Other key contributors at Conference Tournament - Gideon Sammons 7<sup>th</sup> place at 120lbs and Gabe Hill 7<sup>th</sup> place at 138lbs. Good Luck to Doug next weekend at States.

### **Swimming State Meet Highlights:**

#### **Gracie Maughan - State Champ in 100m Breaststroke**

200 IM Medley Relay 3<sup>rd</sup> Place - Sanna Elling, Victoria Evans, Gracie Maughan, Addison McKay

Gracie Maughan - 200 IM 2<sup>nd</sup> Place

Boys 4x400 Freestyle Relay - School Record - Christian Wright, Matthew Perchiniak, Brayden Trout, Jaxon Laux

### **Student Spotlight:**

Current 10<sup>th</sup> Grader, Rilyn Lehman was just named as one of the 150 best field hockey players in the nation for the Class of 2025. Rilyn is as hard working in the classroom as she is on the field carrying over a 4.0 GPA. Being named to the Top 150 is just the start for Rilyn as she has goals

that go far beyond this ranking and she is willing to put in the work to achieve them. Rilyn is a leader within the sophomore class and we are proud that she is a Seahawk.

<https://maxfieldhockey.com/class-of-2025-player-rankings-watchlist/>

**Help Wanted:**

If you or anyone you know has interest in coaching, we are looking to fill the following positions for this Spring:

Men's Lacrosse - High School Assistant

Please reach out to [matthew.keen@saas.k12.de.us](mailto:matthew.keen@saas.k12.de.us) with interest.