



Common Courtesies of the Sussex Academy Aquatic Center (SAAC)

We wish to work together with you to create a SAFE , CLEAN, HEALTHY and FUN facility for ALL.

Courtesy:

- 1. Gum must be discarded by BOTH ADULTS and CHILDREN before entering the aquatic center.**
- 2. Eating and drinking is reserved for the POOL LOBBY ONLY; there must be no food, GUM or drinks on deck or in the locker rooms, except for non-glass water bottles.**
- 3. No smoking or tobacco products allowed on school grounds.**
4. There must be no denim, including and not limited to jeans and cut-off shorts.
5. Remove all jewelry that may come loose while swimming.
6. Only our flotation devices are permitted except on special occasions.
7. Offensive language, balls and inappropriate behavior are prohibited.
8. As per Health Code, any person suspected of being under the influence of alcohol or drugs will be prohibited from accessing the pool.
9. We encourage you to lock-up your personal belongings. Do not leave any important personal belongings on the pool deck, on the bleachers, in the lobby or in the locker rooms unsecured as we are not responsible for your items.

Safety:

- 1. We must have your Driver's License on file before you can use the facility.**
- 2. Please bring your towel and non-slip water shoes into the pool area with you so you can dry off BEFORE entering the lobby after your swim.**
3. Always swim when a lifeguard is on duty.
4. When speaking with the lifeguard, please do not block their view of the pool.
- 5. Children under 5 should not be in the pool without a parent or guardian (at least 18 years old) and should always remain within arms reach.**
6. Glass containers on the pool deck or in the locker rooms are prohibited.
7. Always walk on the pool deck, in the lobby and locker rooms.
8. Dunking, horseplay or any other dangerous conduct is prohibited.
9. Diving is not recommended without supervision of a lifeguard or coach.
10. No flipping.
11. New swimmers under 18 cannot enter the deep-end of the pool until they have passed a **swim test** performed by a lifeguard, not a parent or friend.
- 12. During inclement weather, the pool must be evacuated for 30 minutes as per the State Code. Follow the lifeguards' instructions. No refunds will be issued.**
- 13. Please be aware that we run monthly un-announced safety drills and you will have to evacuate the pool and the pool area during all drills.**

Health and Hygiene:

1. If you have any kind of infection, open sore, or bandaged injury; please refrain from using the pool. Lifeguards on duty reserve the right to refuse access to anyone with evidence of the aforementioned.
2. State Code mandates showering before entering the pool to remove deodorants, lotions, hair products, make-up etc. to maintain pool cleanliness.
3. Wear appropriate footwear in the locker rooms and showers.
4. Children who are not 100% toilet trained must wear swim diapers (not a disposable diaper) over their swimsuit.
5. Diapers must only be changed in the restrooms in the lobby where changing tables are provided.



Please notify a staff member immediately if you have any questions or concerns so that they may be addressed as soon as possible. Thank you for your compliance.

Swim test:

A swimmer must swim the length of the pool from the shallow end to the deep end without hanging onto the lane line or wall.

The swimmer must then climb out of the pool unassisted, jump back in feet-first, and tread water for thirty (30) seconds.

If the above is completed successfully, the swimmer's name will be added to a list that will allow them to swim in either end of the pool.

Failure to follow rules in accordance with policies may result in being asked to leave the pool or may be suspended from facility usage. All enforcement of rules is left to the discretion of the lifeguard and the Aquatic Center staff.

- I agree that I am at least 18 year-old and have read and understand all of the rules.
- I agree to follow these rules and explain them to all those who are in my care.
- I understand that I cannot have more than 6 under my individual care at one time.
- I understand that I must provide an emergency contact phone number and signed waiver for each child who is not my own.
- I have received a copy of these rules.
- I agree that a staff member at the Aquatic Center has gone over these rules.

Printed Name: _____

Signature: _____

Spouse or Partner Printed Name: _____

Spouse or Partner Signature: _____

List all those who are under your care: _____

Date: _____